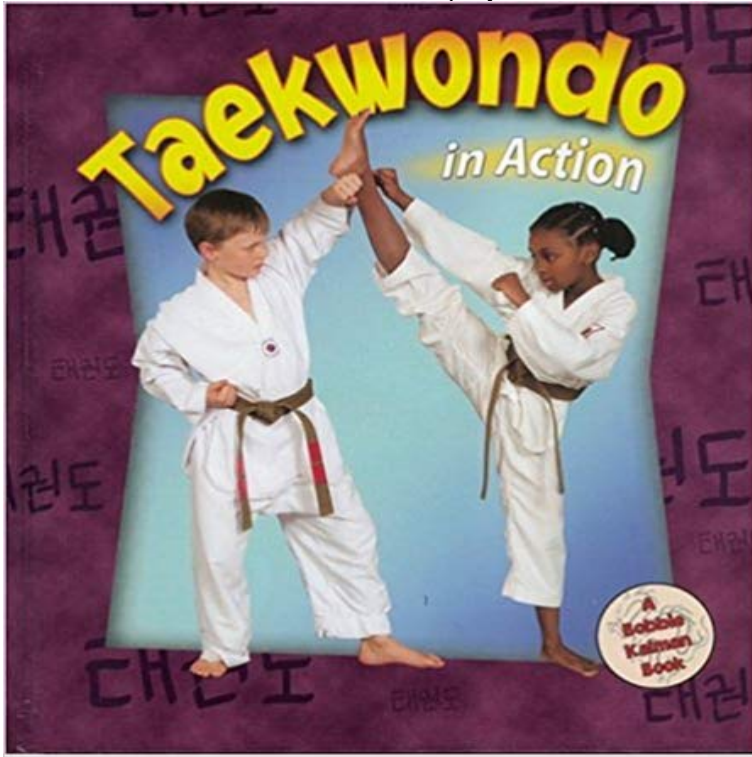


## Taekwondo in Action (Sports in Action (Paperback))



Taekwondo is one of the most popular martial arts in the world. This book provides a look at how to perform the high-flying moves of this sport. It teaches kids about: the history of Taekwondo; basic positions; how to throw punches and perform kicks; and the two main styles of sparring. It is intended for ages 6-9.

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