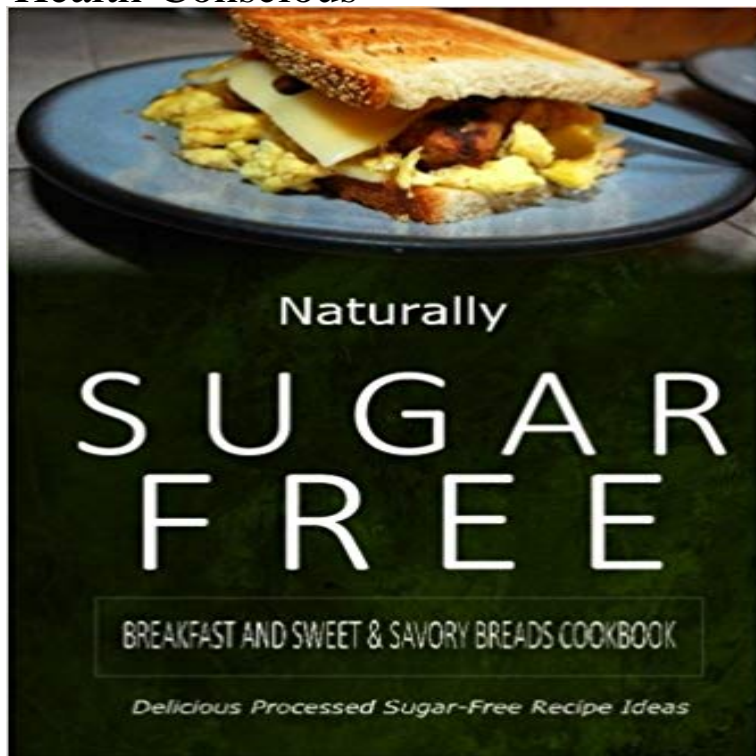


# Naturally Sugar-Free - Breakfast and Sweet & Savory Breads Cookbook: Delicious Sugar-Free and Diabetic-Friendly Recipes for the Health-Conscious



In today's culture, sugar-free is often synonymous with artificially sweetened processed foods. No matter how hard the food industry tries to push artificial sweeteners as a healthy alternative to traditional sugar, it doesn't fool us anymore. That's why this book contains a grandiose selection of 60 recipes that could almost grow on trees. They contain only natural, healthy ingredients and are sweetened with the very best that Mother Nature has to offer: fruits, honey, agave, and stevia. Try them and you will never crave another sugar-filled cheesecake slice or chicken teriyaki again! Since they also contain no flour, these recipes work very well for diabetics by keeping insulin spikes to a minimum. 2 COOK VALUE PACK - 60 Recipes

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